

PERIOS TEX-MEX ALLERGENS

Add 'X' if the allergen is present in the ingredients or 'M' supplier say it may contain it. Review date 12/07/2022

FOOD PREPARED HERE MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH THE BELOW ALLERGENS AND MIGHT HAVE COME IN CONTACT WITH OTHER INGREDIENTS WHICH ARE NOT LISTED BELOW

Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur dioxide	Lupin	Gluten
Guac tortila												x		x
Mac n cheese bite									X			X		X
Chicken goujon ** PLEASE CHECK THE DIPS INFO PAGE														X
Nachitos									X			X		X
Platito mixtos									X			X		X
San Antonio tacos ** PLEASE CHECK THE FLAVOURS INFO PAGE									X			x		X
Quesadillas ** PLEASE CHECK THE FLAVOURS INFO PAGE									X			X		X
Loaded nachitos									X			X		X
Wrap it up ** PLEASE CHECK THE FLAVOURS INFO PAGE									X			X		X
Veggie chilli burrito ** PLEASE CHECK THE FLAVOURS INFO PAGE									X			X		X

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Grilled chicken burrito **PLEASE CHECK THE FLAVOURS INFO PAGE									X			X		X
Beef chilli burrito **PLEASE CHECK THE FLAVOURS INFO PAGE									X			X		X
Super-steak burrito **PLEASE CHECK THE FLAVOURS INFO PAGE									X			X		X
Chicken burrito bowl **PLEASE CHECK THE FLAVOURS INFO PAGE									X			X		
Beef burrito bowl **PLEASE CHECK THE FLAVOURS INFO PAGE									X			X		
Fierce fajitas **PLEASE CHECK THE FLAVOURS INFO PAG									X		X	X		X
Beef chilli pot									X		X	X		X

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Beef chilli & rice									X		X	X		X
Beef chilli & fries									x		x	x		x
Veg chilli pot									x		x	x		x
Veg chilli & rice									x		x	x		x
Veg chilli & fries									x		x	x		x
Fried burgers BBQ Maxicana							x	M	x		x	x		x
Dos Amigos							x	m	x		x	x		x
Fried wings												x		x
Messy-Fresco wings ** PLEASE CHECK THE FLAVOURS INFO PAGE												x		x
Classic carne beef burger							x	m	x		x	x		x
Texan dirty beef burger							x	m	x		x	x		x
The carnivore beef burger							x	m	x		x	x		x

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Mad mex chimichurri beef burger							x	m	x		x	x		x
Bad blue quest beef burger							x	m	x		x	x		x
Gourmet Americana chicken burger ** PLEASE CHECK THE FLAVOURS INFO PAGE							x	m	x		x	x		x
Ole, double chicken burger ** PLEASE CHECK THE FLAVOURS INFO PAGE							x	m	x		x	x		x
El rancho chicken panini ** PLEASE CHECK THE FLAVOURS INFO PAGE				x			x	m	x		x	x		x
El rancho veggie panini ** PLEASE CHECK THE FLAVOURS INFO PAGE				x			x	m	x		x	x		x
Philly sub steak ** PLEASE CHECK THE FLAVOURS INFO PAGE									x		x	x		x

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Grill chicken ** PLEASE CHECK THE FLAVOURS INFO PAGE									X		X	X		X
Chicken bites ** PLEASE CHECK THE FLAVOURS INFO PAGE									X		X	X		X
Bites 'n' rice									X		X	X		X
Sizzler ** PLEASE CHECK THE FLAVOURS INFO PAGE									X		X	X		X
Buffalo wings ** PLEASE CHECK THE FLAVOURS INFO PAGE									X		X	X		X
Chicken caesar sald						X	X		X		X			X
Mexican chicken salad									X		X	X		X
Mixed wigs plater ** PLEASE CHECK THE FLAVOURS INFO PAGE									X		X	X		X
Duo plater ** PLEASE CHECK THE FLAVOURS INFO PAGE									X		X	X		X

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Fries														
Cajun fries														
Cheesy fries									x					
Sweet potato chips														
Perios rice														
Garlic bread									x					x
Tortila chips														X
Eliot corn on the cob														
Coleslaw							x				x			
Chilli cheese nuggets									X					x
Mozzarella sticks									X					x
Habanero hero's bite									x					x
Spicy sweet corn bite									x					x

