

Perios Tex-Mex Allergens

Add 'X' if the allergen is present in the ingredients or 'M' supplier say it may contain it. Review date 16/05/2023

Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Tres Salsa												X		X
Guac Tortilla												X		X
Truffle Mac & Cheese								X	X			X		X
Chicken Goujons									X					X
Beef Chilli Pot (Garlic Bread)	M	M		M				M	X		M			X
Veg Chilli Pot (Garlic Bread)	M	M		M				M	X		M			X
Bites N Rice								X	M	M	M	M		X
Tejano Cheese Balls	M	M		M					X	M	M			X
San Antonio Tacos Chicken <i>Check Flavours</i>								X	X	M	M	M		X
San Antonio Tacos Beef <i>Check Flavours</i>									X					X

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Quesadillas Chicken <i>Check Flavours</i>								X	X			X		X
Quesadillas Beef <i>Check Flavours</i>									X					X
Veg Chilli Burrito <i>Check Flavours</i>	M	M		M				M	X		M	X		X
Chicken Burrito <i>Check Flavours</i>								X	X			X		X
Beef Chilli Burrito <i>Check Flavours</i>	M	M						M	X	M	M	M		X
Super Steak Burrito <i>Check Flavours</i>									X					X
Chicken Burrito Bowl <i>Check Flavours</i>								X	X		M	M		X
Beef Burrito Bowl <i>Check Flavours</i>									X					
Chicken Wrap it up <i>Check Flavours</i>							X	X	X	M	X	X		X
Beef Wrap it up <i>Check Flavours</i>							X		X		X			X
Chicken & Beef Nachos	M	M		M				X	X	M	M	M		X
Veggie Nachos	M	M		M				X	X		M			X

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Fierce Fajitas <i>Check Flavours</i>								X	X	M	M	M		X
Chilli Con Fries	M	M		M				M	X		M			X
Chilli Con Rice	M	M		M				M	X		M			X
Veg chilli Fries	M	M		M				M	X		M			X
Veg Chilli Rice	M	M		M				M	X		M			X
Classic Carne Burger							X	M	X		X			X
Texan Dirty Burger							X	M	X		X			X
Mad Mex Chimichurri							X	M	X		X	X		X
Gourmet Americana <i>Check Flavours</i>							X	X	X	M	X	M		X
Ole Double <i>Check Flavours</i>							X	X	X	M	X	m		X
Gringo Sub <i>Check Flavours</i>								X	X		M	M		X

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Mexican Chicken Salad								X	M		M	M		X
Vegan Tacos Soft <i>Check Flavours</i>	M	M		M				M			M	X		X
Vegan Tacos Hard <i>Check Flavours</i>	M	M		M				M			M	X		X
Mexican Street Salad														X
Chilli Fries Fiesta	M	M		M				M			M			X
Twister Wrap <i>Check flavours</i>	M	M		M				M			M			X
Whole Chicken <i>Check Flavours</i>								X	M	M	M	M		X
Half Chicken <i>Check Flavours</i>								X	M	M	M	M		X
Quarter Chicken <i>Check Flavours</i>								X	M	M	M	M		X
Sizzling Plato Chicken <i>Check Flavours</i>								X	M	M	M	M		X
Sizzling Plato Beef <i>Check Flavours</i>								X	M	M	M	M		

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Buffalo Wings Check Flavours								X	M	M	M	M		X
BBQ Mexicana							X	M	X			X		X
Dos Amigos							X	M	X			X		X
Fried Wings									X		X	X		X
Messy Fresco Wings									X		X	X		X
Loaded Fries "El Carnal"	M	M		M				M	X		M			X
Loaded Fries "El Vegetariano"	M	M		M				M	X		M			X
Loaded Fries "Pollo Frito"									X					X
Fries														
Cajun Fries														
Cheesy Fries									X					

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Truffle Fries									X					
Sweet Potato Fries														
Perios Rice														
Garlic Bread									X					X
Tortilla Chips														
Tex-Mex Elote														
Coleslaw							X				X			
Mexican Side Salad												X		
Fresh Guacamole												X		
Tomato Salsa										M		X		
Garlic & Herb							X					X		

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Fiery Mayo							X					X		
Chipotle BBQ												X		
Ranch Sauce	M	M		M			X	M		M	M			
Spicy Mango										M				
Chimichurri														
Cheesecake GF may be available	M	M					X	M	X					M
Chocolate Fudge Cake	M	M					X		X					X
Mexican Churros	M	M					M	M	M					X
Brownie de chocolate	M	M					X	X	X					X
Chocolate Ice Cream								X	X					
Vanilla Ice cream		M							X					

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Strawberry Ice Cream		M							X					
Salted Caramel Ice Cream									X					
Sauces/Choice of flavour														
Mild Chilli Lime														
Hola Herbs														
Hot Chilli Lime												X		
Texan Jerk														
American Buffalo														
Habanero												X		
BBQ Fiesta														

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Chico Champ Burger							X		X			X		X
Nino Wrapster							X		X			X		X
Nino Wrapster (V)							X		X			X		X
Chicken Goujons									X					X
Mac & Cheese								X	X			X		X

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