

Perios Tex-Mex Allergens

Add 'X' if the allergen is present in the ingredients or 'M' supplier say it may contain it. Review date 21/11/2022

Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Tres Salsa												X		X
Truffle Mac & Cheese								X	X			X		X
Chicken Goujons									X					X
Chicken Bites								X	M	M	M	M		X
San Antonio Tacos Chicken <i>Check Flavours</i>								X	X	M	M	M		X
San Antonio Tacos Beef <i>Check Flavours</i>									X	M	M	M		X
San Antonio Tacos Veggie Chili <i>Check Flavours</i>									X	M	M	M		X
Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Quesadillas Chicken <i>Check Flavours</i>								X	X			X		X
Quesadillas Beef <i>Check Flavours</i>									X			X		X

FOOD PREPARED HERE MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH THE BELOW ALLERGENS AND MIGHT HAVE COME IN CONTACT WITH OTHER INGREDIENTS WHICH ARE NOT LISTED BELOW

Perios Tex-Mex Allergens

Add 'X' if the allergen is present in the ingredients or 'M' supplier say it may contain it. Review date 21/11/2022

Veg Chilli Burrito <i>Check Flavours</i>	M	M		M				M	X		M	X		X
Grilled Chicken Burrito <i>Check Flavours</i>								X	X			X		X
Super Steak Burrito <i>Check Flavours</i>									X					X
Chicken Burrito Bowl <i>Check Flavours</i>								X	X		M	M		X
Steak Burrito Bowl <i>Check Flavours</i>									X					
Chicken & Beef Nachos	M	M		M				X	X	M	M	M		X
Veggie Nachos	M	M		M				X	X		M			X
Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Fierce Fajitas(Chicken & Beef) <i>Check Flavours</i>								X	X	M	M	M		X
Spinach Empanadas	M	M		M	M	M	X	M	X	X	X			X
Chicken Empanadas	M	M		M	M	M	X	M	M	X	X			X
Beef Empanadas	M	M		M	M	M	X	M	M	X	X	X		X

FOOD PREPARED HERE MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH THE BELOW ALLERGENS AND MIGHT HAVE COME IN CONTACT WITH OTHER INGREDIENTS WHICH ARE NOT LISTED BELOW

Perios Tex-Mex Allergens

Add 'X' if the allergen is present in the ingredients or 'M' supplier say it may contain it. Review date 21/11/2022

Huevos Rancheros							X					M		X
Frijoles											M	M		X
Mexican Mole/Chicken/Cauliflower											M	M		X
Gourmet Americana <i>Check Flavours</i>							X	X	X	M	X	M		X
BBQ Mexicana							X	M	X			X		X
Beef Steak Burger							X	M	X		M	M		X
Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Mexican Street Chicken Salad								X	M		M	M		X
Mexican Street Salad														X
Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Buffalo Wings <i>Check Flavours</i>								X	M	M	M	M		X
Alitas Fritas							X	M	X	X	M	X		X

FOOD PREPARED HERE MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH THE BELOW ALLERGENS AND MIGHT HAVE COME IN CONTACT WITH OTHER INGREDIENTS WHICH ARE NOT LISTED BELOW

Perios Tex-Mex Allergens

Add 'X' if the allergen is present in the ingredients or 'M' supplier say it may contain it. Review date 21/11/2022

ColiWings							X	M	X		M	X		X
El Vegetariano								M	X		M	X		X
Chili Fries Fiesta								M			M	X		X
Loaded Fries "Pollo Frito"									X					X
Chilli Concarne									X		M	X		X
Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Fries														M
Cajun Fries														M
Cheesy Fries									X					M
Truffle Fries									X					
Sweet Potato Fries														
Perios Rice														

FOOD PREPARED HERE MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH THE BELOW ALLERGENS AND MIGHT HAVE COME IN CONTACT WITH OTHER INGREDIENTS WHICH ARE NOT LISTED BELOW

Perios Tex-Mex Allergens

Add 'X' if the allergen is present in the ingredients or 'M' supplier say it may contain it. Review date 21/11/2022

Garlic Bread									X					X
Tortilla Chips														
Tex-Mex Elote														
Hand Made Coleslaw							X				X			
Mexican Side Salad												X		
Fresh Guacamole												X		
Refried Beans														
Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Fiery Mayo							X					X		
Chipotle BBQ												X		
Ranch Sauce				M			X	M		M	M			
Spicy Mango										M				

FOOD PREPARED HERE MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH THE BELOW ALLERGENS AND MIGHT HAVE COME IN CONTACT WITH OTHER INGREDIENTS WHICH ARE NOT LISTED BELOW

Perios Tex-Mex Allergens

Add 'X' if the allergen is present in the ingredients or 'M' supplier say it may contain it. Review date 21/11/2022

Salsa Roja										M	M	M		
Salsa Verde										M	M	M		
Chimichurri	M	M		M	M		M	M	M	M			M	M
Cheesecake GF may be available	M	M					X	M	X					M
Mexican Churros	M	M					M	M	M					X
Brownie de chocolate	M	M					X	X	X					X
Delche leche Empanada	M	M		M	M	M	X	X	X					X
Chocolate Ice Cream								X	X					
Vanilla Ice cream		M							X					
Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Strawberry Ice Cream		M							X					
Salted Caramel Ice Cream									X					

FOOD PREPARED HERE MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH THE BELOW ALLERGENS AND MIGHT HAVE COME IN CONTACT WITH OTHER INGREDIENTS WHICH ARE NOT LISTED BELOW

Perios Tex-Mex Allergens

Add 'X' if the allergen is present in the ingredients or 'M' supplier say it may contain it. Review date 21/11/2022

Sauces/Choice of flavour														
Mild Chilli Lime														
Hola Herbs														
Hot Chilli Lime												X		
Texan Jerk														
American Buffalo														
Habanero												X		
BBQ Fiesta														
Name of dish	Peanuts	Nuts*	Molluscs	Sesame seeds	Crustacea	Fish	Eggs	Soya	Milk	Celery	Mustard	Sulphur Dioxide	Lupin	Gluten
Chico Champ Burger							X		X			X		X
Nino Wrapster							X		X			X		X

FOOD PREPARED HERE MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH THE BELOW ALLERGENS AND MIGHT HAVE COME IN CONTACT WITH OTHER INGREDIENTS WHICH ARE NOT LISTED BELOW

Perios Tex-Mex Allergens

Add 'X' if the allergen is present in the ingredients or 'M' supplier say it may contain it. Review date 21/11/2022

Nino Wrapster (V)								X		X			X		X
Chicken Goujons										X					X
Mac & Cheese									X	X			X		X

FOOD PREPARED HERE MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH THE BELOW ALLERGENS AND MIGHT HAVE COME IN CONTACT WITH OTHER INGREDIENTS WHICH ARE NOT LISTED BELOW